

"And the King shall answer and say unto them, Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren ye have done it unto me."
St. Matthew 25.40

WESTERN STATE
SCHOOL AND HOSPITAL

CURRY HILL HIGHLIGHTS

333 CURRY HILL ROAD CANONSBURG, PENNSYLVANIA 15317 AUGUST, 1974

WE HAVE A WINNER !! by Barbara Bonfanti



Mrs. Barnum shown receiving award (box of candy) from the Editor, Joseph Bogo

Mrs. Sally Barnum of W.S.S.H.'s VAS Program was the lucky winner of the "Name the Newsletter Contest." Her suggestion, *Curry Hill Highlights*, was selected over 125 other entries made by 60 people. This gave the editorial staff the "perfect excuse" to feature not only Mrs. Barnum but her work here at W.S.S.H. as well.

Mrs. Barnum was born and raised in Fargo, North Dakota where she later received her B.S. in Education from North Dakota State University. After

receiving her degree, Sally went on to chalk up so many accomplishments that to add them chronologically would indicate her age to be approximately 200. Among these are: (1) seven years teaching experience in the public schools of Minnesota; specializations were home economics, drama and physical education; (2) two years teaching high school English and acting as Dean of Girls in Detroit Lakes, Minnesota; (3) member of the acting group of the Original Little County Thea-

tre of America in Fargo; (4) Girl Scout leader for fifteen years; (5) teacher of Red Cross Home Nursing classes for three years; (6) volunteer at Woodville State Hospital for nine years; (7) two years experience "manning" the desk at the Greater Pittsburgh Airport for Travelers Aid; (8) substitute teacher for Upper St. Clair for six years.

How did Sally come to W.S.S.H.? Well, she started as a volunteer with Y.D.C., working with a "slimnastics class." When Y.D.C. opened its coed school in January 1965, Mrs. Barnum returned to formal teaching...this time 9th, 10th, and 11th grade English and Science. When Y.D.C. was phased out, Sally transferred to W.S.S.H. and accepted the challenge to make a dingy, empty, useless apartment on the second floor of the Old Dietary into a functional area for the purpose of resident training. With the help of the chosen residents, Sally cleaned, painted and furnished the Practice Apartment and began training immediately. Her primary role within the Practice Apartment is to encourage acceptable social relationships, economic efficiency

Continued on following page

WE HAVE A WINNER

Continued

and civic responsibility with specific emphasis on social behavior, basic academics and living skills, personal grooming and development. (Mrs. Barnum is supported by Dorothy Young and Blanche Kirkpatrick from the Occupational Therapy Department in teaching personal development classes.)

Anyone familiar with the Practice Apartment area as it was several years ago, would be more than impressed with the changes and the daily activity seen there. Originally starting with a living room, dining room, kitchen, bedroom and bath, the apartment has "grown" to include a cosmetology room, a mending room, and a basic academics classroom used for the more formal training efforts.

As a division of the VAS Program, Mrs. Barnum works with Mr. William Baird, VAS Director, Mr. Dave Hager, Mr. Gene Morris, and Mr. Herman Cushey, supervisors; Don Matheus, Jon Webster Scheid, Elizabeth Chappo, Joe Massaro, Joe Swayne, Rose Matyuf, Dave Ferguson, Joe Greco, other VAS workers; and Rosella Harriman, secretary. In her spare time (surprising, isn't it?) Mrs. Barnum travels (she has traveled throughout the entire United States and Mexico), enjoys all spectator sports, swims, fishes, golfs, bowls, reads, knits ski sweaters, and practices gourmet cooking.

Her husband is a former coach who worked 22 years as a sales manager for a division of Alcoa. He is presently employed as distributor for Toppers Wholesale Groc

eries. The Barnums are members of the Valley Brook Country Club.

Mrs. Barnum has two daughters - - both married, living in Columbus, Ohio, and both employed in Public Relations work.

Mrs. Barnum's greatest satisfaction is working with her *special friends* in the Practice Apartment.

She felt honored when her entry was selected as the

winning title of the Newsletter, particularly since the only other thing she ever won (she calls it the "highlight" of her college career) was the hog calling contest at the county fair in North Dakota!

Mrs. Barnum has invited all interested persons to visit the Practice Apartment. In the meantime, the following pictures will give you some view of Mrs. Barnum at work.

PRACTICE APARTMENT LIVING



PARENTS GROUP NEWS

*by Gene Leonard
Parents Group Reporter*

Recreational areas at Western are beginning to put on a new look. Colorful picnic tables appearing at various locations is the result of planning efforts put forth by the Outdoor Recreational Areas Planning Committee. Robert Pindar, Director of Therapeutic Recreation, is chairman of this committee.

Parents and friends are asked to offer suggestions on areas needing recreation equipment.

Officers from the Association for the Institutionalized Mentally Retarded (A.I.M.) were present at the May meeting. Legislative chairman, Paul R. Reed was guest speaker. Their purpose is "to fulfil the need for a state-wide organization of parents and friends that will represent citizens with retarded behavior."

At the June meeting, members from the WSSH Behavior Modification Committee were present and gave short lectures on the effectiveness of behavior modification therapy. The parents group went on record in supporting this program.

The Parents Group held their annual election of officers and re-elected the previous slate of officers: Dr. Harry Goldberg, M.D., President; Army General John H. McLain, Vice President; Dan Torisky, Secretary and Mary M. Getsie, Treasurer. Appointments to standing committees will be made at the next meeting in September.

A NICE GESTURE

by the Editor

Mrs. Alice Goldberg of the Parents Group reports that a collection was taken up recently in memory of Mrs. Cora Grant. The money, collected by and from staff members, will be used for the Spruce IV (School Boys) Unit.

If anyone else would care to donate money to the Toy Box Fund in memory of Mrs. Grant, the funds will also be used specifically for Spruce IV.

MISS FOURTH OF JULY

by Shirley Syfrett, R.N.



Miss Terri Lee Gray, daughter of Mr. and Mrs. Norman (Barbara) Gray was selected Miss Fourth of July for Canonsburg in a pageant at the Jefferson Room on June 21, 1974. The girls were judged on poise, personality and talent. Terri is a student of Judy Mazza at Judy's School of Dancing. Mrs. Gray is Charge Aide on Clinic III on the 11-7:30 shift.



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Office of
Mental Retardation

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On June 26, 1974 the Lewis Brothers Circus presented two performances on-grounds for the residents of Western State School and Hospital. Approximately five-hundred (500) residents of Western State viewed the circus which was highlighted by clowns, performing animals, and ground and aerial acts.

In addition to residents from Western State, residents from Dixmont, Mayview, and Woodville also attended the circus and by all indicators the circus was well received by those in attendance.



RECEIVES MASTER'S DEGREE

by Grace Massino

Mrs. Rosemond Porcaro, R.N., Director of Nursing, received her Master's Degree at commencement exercises held at Duquesne University on May 5, 1974. Mrs. Porcaro received her Master's Degree of Science in Education.

In partial fulfillment of the requirements for the degree, her research was "An Overview of Behavior Modification."



Mrs. Rosemond Porcaro, R.N.

Mrs. Porcaro received her Bachelor of Science Degree at California State College in June of 1969 and also studied at the University of Pittsburgh. Her professional Nursing was completed at Canonsburg Hospital in 1955. She joined the staff at WSSH in January of 1963 as evening supervisor and was appointed Director of Nursing in January 1964.

Mrs. Porcaro holds memberships in the Washington County Mental Health Association, Pennsylvania Association for Retarded Children and National Nursing Honor Society

PALLETTE OR PEN OR PLATE

by Louis Luongo



When Virginia Cline was growing up in Mt. Washington (Pittsburgh), her ambition was to become an artist and a writer.

Virginia's school years in Mt. Washington became a significant part of her life. The curriculum included a course of art education that served its purpose for a little girl with a flair for painting and she developed a talent by learning to paint with water colors.

A break in the continuity of art education for Virginia, from the time she was eleven until her junior year in high school, occurred when the Cline family moved to Canonsburg.

Her marriage to Ted Chopak shortly after her graduation from Canonsburg High School (now Canon-McMillan) altered Virginia's ambition.

Virginia, a Food Service Worker II, became an employee of the Commonwealth at Mayview in 1959 and came to W.S.S.H. in the latter part of 1963.

Although the essence of time became a factor for the mother of four children, Virginia has nourished her ambition by self-fulfilment to the extent that she now draws with charcoal chalk and paints with oil and water colors. Her continuation of writing has been within the realm of poetry.

One of Virginia's brothers and an uncle are adept cartoonists and her oldest son David, age 15, also has the attribute of natural ability for drawing and painting.

Today, Virginia cherishes the dreams of yesteryear with fondest hopes that her son may someday fulfill what was once a part of her ambition.

A new game spawned by the times is simple and can be played by any number of people in any physical setting. It is called Bureaucracy, and it goes like this: The first person to move, loses.

MEET "FATHER BOB"

by J. Bogo, Editor

Father Robert L. Mellott (Father Bob, as he prefers to be called) was appointed Catholic Chaplain at WSSH on May 4, 1974. Father Bob, who was ordained by Bishop Wright in 1963, studied at Duquesne University of Pittsburgh and St. Vincent Seminary at Latrobe, Pa. He was Associate Pastor of St. Edward's of Blawnox, Pa., from 1963-69, and St. Rosalia's of Greenfield, from 1969-70, when he was appointed Chaplain of C. Howard Marcy State Hospital (Pittsburgh).



Father Bob then received Chaplaincy Training on a Federal Grant, at St. Elizabeth's Hospital, Washington, D.C., in 1972-73. He is certified by the National Institute of Mental Health, and by the National Association of Mental Health Chaplains. He then served as Associate Pastor of St. Agatha's in Bridgeville, before coming to Western State.

Father Bob says he is most happy to be a part of the staff here - working to help the residents in making their lives more fulfilling. Present plans include prep-

aration for Bishop Leonard to come here to administer the Sacrament of Confirmation to our residents, and preparation of a lesson plan for the Religious Education Volunteers for the coming school year.

CONGRATULATIONS WILLA !

by Dorothy Baron

If you see Willa Bell, C.C.A. on the 6th floor, going around on Cloud #9, she has reason to. Her son, Ralph has been appointed as a candidate for an Academy of his choice. He has selected the Air Force (Delayed Program) and plans to enter the Medical Field in September.

Then not to be out-done, her niece, Gerri Lynn, State Champion in Public Speaking, won not only a paid trip to California to compete in the National Contest, but also received a full scholarship to a college of her choice from the Daughters of American Revolution....

Well, when daughter Cynthia Bell Nance, W.A.F. heard this she very proudly wrote Mama Willa and told her of being the proud recipient of a monetary bonus for superior job performance. She is an Administrative Spec in the group of Aerospace Ground Squadron, stationed at Almgordo, New Mexico.

We wish all the Bell children the best of luck !!!!

If the world is getting smaller like they say, why do they keep raising the cost of postage stamps?

OUR BEAUTIFUL CAMPUS

by C. A. Gifford
Associate Editor

Rolling hills and attractive valleys, tall old trees and vigorous young ones, stately red brick buildings and contemporary buff brick and aluminum ones combine to make Western State School and Hospital a truly beautiful place. Have you noticed how easily we can fail to truly see what our eyes see day after day? Stop and consider when or where have you seen a more beautiful campus than this one. Do any of our other institutions or state colleges exceed our for real attractiveness?

CONGRATULATIONS

Congratulations to Mr. Morgan Lutton, Institution Maintenance Superintendent and the staff of that department which includes the groundskeeping crew supervised by Mr. John (Lee) Jones for keeping the grounds tidy and in good order. This requires constant effort and a responsible understanding of priorities. The large area of land to be covered (nearly 1,000 acres) and the 48 buildings involved makes this an extensive operation.

ARCHITECTURE

The style of the buildings here represents a full century of change from the oldest with design built around the heating system in the 1870's and with decorative Victorian Era trim to the contemporary functional design. Like the American Elm trees the old buildings are passing away.

DEMOLITION AND REMOVAL

In cooperation with our Maintenance Department, our Fire Marshal, and local fire departments, the 429th Engineer Battalion of the United States Army Reserves is making a part of their exercises the demolition and removal of some of our most obsolete buildings. This will eventually add to the attractiveness of our already beautiful campus. Our thanks to the Military. Nevertheless the old will be missed; they go with memories of hundreds of young people served on these grounds in years gone by. Old buildings are being removed and the bricks are being used to make parking areas for automobiles which were not dreamed of when the earliest of those buildings were built. Old trees and stumps are being removed. Younger trees now provide shade and attractiveness.

PLANS

A committee, The Outdoor Recreational Areas Planning Committee, has been appointed to evaluate the current outdoor recreation areas and facilities on-ground at Western State and to make recommendations and take action, where needed, to improve existing conditions. The committee, appointed by Mr. Hiltner, Superintendent, is composed of a representative of the Parents' Committee, the Board of Trustees, and staff of Western State.

After several meetings, the committee has identified the following basic needs: park benches to be placed

at various locations on-grounds; picnic tables, charcoal grills, and trash cans need to be concentrated in areas such as near the Hub, the Recreation Center, the reservoir, and behind Pine Lodge; and additional playground equipment needs to be added near the Hub, Recreation Center; and behind Pine Lodge. Some of the existing playground equipment behind Evergreen and at the side Lobby of the Clinic Building can be relocated to the areas in need of additional equipment.

Some tangible results have been seen during "Summer '74" in the form of 15 new picnic tables. More results are expected.

Mr. Robert Pindar, Committee Chairman, has furnished this information. Mr. Hiltner and the committee are to be commended for their leadership in this area.

PEOPLE THERAPY

Western State School and Hospital exists for its residents. This must never be forgotten or displaced by any other concern. The most pressing need continues to be for more caring people to care for these residents. At the same time we should be thankful for all of the helps that do come. One of these is a beautiful setting. Stop for a moment and consider how much more difficult our work would be and how much more depressing life would be for our residents if ours were a drab lifeless campus. Perhaps we can determine to be more beautiful ourselves and so help others.

Ours is a beautiful campus. Beauty is therapeutic.

ACCEPTANCE

by Rev. Charles A. Gifford

Let us have constructive change. Let us work for progress. We must not be satisfied with the status quo, the way things are now. The upward vision and the forward look we must have if we are to maintain proper self respect and concern for others.

We must start where we are now. That is, we must accept the way things are, the present realities. Not by pretending that things are different or by glossing over them, but rather by accepting them as they now are, will we be prepared for change.

People must be accepted for what they are. This includes those with whom we work, our volunteers, parents, the public and particularly the residents whose best interests we have a commitment to serve.

The circumstances must be accepted. This includes the intangibles as well as the tangibles. Physical conditions can be trying. Human relation situations can be severely so.

Accepting the facts, we can then identify areas where improvement is possible or probable; by concentrating efforts there we can in some measure meet the challenge for change. By relating proper means to real needs, progress is possible.

Let us apply this everywhere. Each one of us can find ways to help others to make the application. Physical conditions can be improved. Personal relationships can be helped. Better methods can be found.

Continued on following page

Some fifty years ago a school report card carried these lines. They may seem trite. They may even be corny. Nevertheless, they are good.

"Good, Better, Best, Never Let It Rest, 'Till Your Good Is Better, And Your Better, Best."

WHAT IS RETARDATION?

The following article is another in a series of articles intended to make mental retardation more understandable to our readers.

The Editor

MENTAL RETARDATION AND MENTAL ILLNESS

by John H. Brinkman

Many people have a difficult time distinguishing between the terms Mental Retardation and Mental Illness. This article will attempt to distinguish between these two common terms.

MENTAL ILLNESS is the term used to cover a wide range of personal problems and disorders. It is applied, broadly, to those problems which arise when an individual is in a state of maladjustment with his life situation. As a result he may have distorted perceptions of people and the world about him. Mild disturbances are classified as neuroses while severe disturbances are classified as

psychoses. Both conditions are considered as being acquired and also capable of being treated.

MENTAL RETARDATION

is also mental, but it does not automatically mean maladjustment or disturbed perceptions. Typically, mental retardation is not acquired in adult life nor does it usually respond to treatment. In general terms it describes a limitation of the individual's growth in ability to perform tasks of abstraction and organization, and it sets limits to the ceiling his abilities will eventually reach.

Although there are many definitions of mental retardation one of the most widely accepted was developed by the American Association on Mental Deficiency. Mental retardation is defined as subaverage general intellectual functioning which originates during the developmental period and is associated with impairment in adaptive behavior. Subaverage general intellectual functioning refers to an I.Q. of 70 or below. The developmental period cannot be precisely specified but for practical purposes it can be considered to be from conception to 18 years. Impairment in adaptive behavior may be reflected in maturation, learning, and/or social adjustment. In actual practice it will be found that a great many individuals diagnosed as mentally retarded will be handicapped, or have a history of handicaps in all three areas of adaption.

The following article concerns the Family Resources Services which provide supportive programs for families with retarded members.

D.P.W. NEWS RELEASE

"For 15 years, I haven't been able to get out of the house by myself, not even to go to the supermarket. Each trip I make, no matter how short, involves a great deal of time in getting Tommy ready, putting his wheelchair in the trunk, and lifting him into the car. The same is true when we get to the store and when we return home. Just once, I'd like to be able to run down to the store to get something I need without all of the effort involved in taking Tommy with me."

Mrs. J. has a retarded child. He lives at home and has the benefits of a loving family. But with his physical and mental handicaps, his mother is rarely free to do the things most people take for granted.

Because of the strain placed on the family, many have resorted to placing their mentally retarded children in public or private institutions.

But today, this is not necessary.

"Family Resource Services, a new program administered through the Department of Public Welfare, is making it possible for families to stay together and create an environment in which the family can provide the love and attention which is so necessary for any child to grow and develop to his maximum po-

tential," Governor Shapp said.

According to Secretary of Public Welfare, Helene Wohlgemuth, the Department, through County Mental Health/Mental Retardation offices, now offers supportive services to assist families with retarded members to cope with the added burden of constant care.

FAMILY AID

Mrs. J. may now call on the services of a specially trained babysitter to stay with Tommy while she spends a few hours shopping, keeping doctor's appointments, or just spending a few needed hours of relaxation with a friend.

TRANSPORTATION

Through the family resources program, Mrs. J. can arrange transportation to take Tommy to treatment centers or recreational programs which allow him to participate in activities in the community.

HOMEMAKER ASSISTANCE

Homemaker assistance is also available to Mrs. J. to help her manage household responsibilities or to maintain adequate care of Tommy during a family illness.

RESPIRE CARE

Mrs. J. has never taken a vacation. Under this program, respite care makes it possible for her to leave Tommy in a temporary residence and know that he will receive the proper care and supervision so that the rest

of the family can enjoy a much-needed vacation. This service is also available during times of family stress, crisis situations, or extended illness.

All of these services are provided to help Mrs. J. care for Tommy at home while still maintaining a cohesive family setting without undue stress and hardship on the remaining family members.

"Of the more than 360,000 Pennsylvanians who are mentally retarded, approximately 10,358 persons are living in state schools and 3,800 in private licensed facilities," said Stanley Meyers, Deputy Secretary for Mental Retardation. "This means that more than 345,000 mentally retarded persons are living at home with their families, in foster care, or in other community living arrangements.

"Many of these families need the kind of help which is provided through the Family Resource Program. It is our hope that these services will also make it possible for more families to adopt mentally retarded children or to provide foster care."

The services are provided by the Department of Public Welfare through the Commonwealth's 41 County Mental Health/Mental Retardation offices on the basis of the needs in their particular areas. Not all services are provided in each county office, but families may request help according to their individual needs.

Further information can be obtained from your local

County MH/MR office, or the Office of Mental Retardation, Department of Public Welfare, Harrisburg.

Editors Note:

Family Resource Services is also available to parents of an institutionalized family member who would be willing to provide home care if supportive services were available. The program can also indirectly benefit adult retarded persons living independently in the community, although it is geared more for family support than direct assistance to retarded persons.

Along with the above-listed services, the program may also offer 'In-Home Therapy, Recreation, and Parent Training.'

MECHANICALLY INCLINED?

Persons who would be willing to lend their skills in repairing bicycles are asked to contact 'George Chiera' at the Recreation Center, Ext. 348.

AND I THOUGHT I HAD TROUBLES

I have had problems and troubles but with all the good wishes, prayers and financial aid I have received from my fellow workers - - that by far outweighs the trouble and makes it all bearable.

Gratefully,
Shirley J. Syfrett, R.N.

THANK YOU

Thank you so very much for your kindness, for your prayers, cards, money and visits during my husband's recent illness and then his death. It is nice to know that I have so many friends who care.

God Bless You All !

*Rosella Pabian
and son Frank*

CEDAR II

by Shirley Foglia

We would like to take this opportunity to introduce you to Cedar II which is composed of 38 long-term residents and 1 day care resident. The age range is from 5 to 44 years, and mental ability also varies greatly. All of the residents have severe physical handicaps; therefore they require constant nursing care to assist with all their needs.

The Cedar II Unit Team members are presently evaluating each resident in relation to programming. During the evaluation, each department concerned presents to the Unit Team the procedures they use in working with the resident and the goals to be achieved. The purpose of this is to familiarize each Unit Team member with the concepts of the program and to promote consistency in dealing with the resident. Mr. Hiltner recently acknowledged our efforts with his approval and encouragement, and shared our ideas with the other Unit Teams.

During the past two years

new programs have been introduced in addition to the existing programs. The program areas available include Occupational Therapy, Physical Therapy, and unit and classroom education.

The Physical Therapy program is designed primarily to increase motor development and muscle tone. P.T. programs 20 of the Cedar II residents. As our residents become independent ambulators, transfer requests for them are submitted to Pine III (Pre-School Unit).

Our educational program consists of both on the unit and classroom programs. The educational staff deserves recognition for the progress shown by many of our residents. The unit teachers have also been instrumental in improving the physical atmosphere of the unit by adding seasonal decorations. The unit educational program was introduced to Cedar II in April, 1973. Initially the residents were observed by the educational staff; then programs were developed to meet each individual's needs. Some of the educational programs designed for the Cedar II residents are as follows: self-awareness, motor development, self-care, communication skills, and social interaction. The long term objective is to develop the child both physically and mentally to the best of his/her ability. The residents are programmed daily by the teacher and the aides on a one-to-one basis. Since the program began, progress has been noted in self awareness, in the residents' notice of and appreciation of their surroundings and in the residents' responsiveness to the

aides. At present the program is offered only to those residents between the ages of 6 and 21. It is hoped that in the future with additional staff and funds the program can be extended to all of the residents on Cedar II.

The Pre-School Class for Physically Handicapped is a joint effort by the Occupational Therapy and Education Departments to provide an atmosphere where physically handicapped children can grow and develop to their maximum potential. We have structured our program around four principal behavior goals:

1. That the child will be able to develop motor abilities through special materials, aids and methods.

2. That the child will be able to develop language and speech.

3. That the child will be able to develop mental growth through reading and math readiness skills (this includes visual and auditory perception, memory and discrimination, language usage, listening, planning, problem solving, dramatization, imagination, and creative expression and rhythms).

4. That the child will be able to develop social and emotional adequacies.

The pre-school program which we initiated has undergone many changes and will continue to do so in order to meet the needs of the children. As the children grow we, too, expand and broaden our program in hopes that this will be their path to a richer and more independent life.

The key staff members involved with the Cedar II residents are as follows: Dr. Charles Elterich, Physi-

cian; Mrs. Shirley Baxter, R. N.; Shirley M. Foglia, Caseworker and Blanche Kirkpatrick, Occupational Therapy. The Clothing attendant is Fida Rubis. 7:00 to 3:30 Child Care Aides - Naomi Sherrow, charge; Dorothy Patterson, second charge; Patrich Marks and Nancy Stolarski. 3:00 to 11:30 - Estella Carter, charge; Cindy Snow, second charge; Dorothy Brown and Margaret Hageman. 11:00 to 7:30 - Sadie Ward, charge; Pat Snyder, Mary Dougherty, and Anna Hete. All the Physical Therapy staff is involved in programming Cedar II residents.



by Barbara Bonfanti



Mr. William Baird began working at Western State School and Hospital on June 24, 1974 as Director of Vocational Adjustment Services. Mr. Baird is highly in agreement with the current goals of the department, though he predicts that the department may have to realign those goals as the population changes. He stated: "Now we can still make a lot of community placements to existing workshops, but as the population shifts, we might need our own, because of our high level of workers who need continuing institutional care." Bill has very strong feelings about workshops and hopes eventually to start one on W.S.S.H. grounds that will provide *real pay* for resident trainees. Mr. Baird also hopes to begin an outpatient service, one that would include evaluation, job diagnosis, and workshop experience for older residents currently residing at home. This program could be expanded to provide work experiences for special education students in the public schools.

Mr. Baird is originally

from Waynesburg, Pa., and recently has returned there to live. He graduated from Waynesburg College with a degree in History, and attended law school at Duquesne University for one year before proceeding to graduate school in the fields of psychology and education. Mr. Baird received his Master's degree in Rehabilitation Counseling in August of 1970 from the University of Pittsburgh.

Bill has done most of his professional work in Georgia. He worked as Project Director for a program in Darien dedicated to finding employment for the "hard core", where in addition to performing administrative duties, he taught financial, social, and life management training to the trainees. Mr. Baird later became consultant for the state-wide program and then moved to the State of Indiana where his job was to initiate five similar programs.

In June of 1971, Bill moved to Brunswick, Ga. where he was employed as a Rehabilitation Counselor with a specialized caseload of educable mentally retarded Clients. While there, he developed a cooperative program for these clients between the State Department of Vocational Rehabilitation and the Department of Education.

In May 1972, Bill became Director of the Glynn County Training Center in Brunswick - - the second largest center in the state. His chief duty was administrative responsibility for 23 full-time staff members and program supervision of 100 clients. During this employment, Mr. Baird also served

as Chief Executive of the Glynn Paton Foundation for Exceptional Children.

Mr. Baird is married and has two children, Jeff, age 5, and Corri, age 3. His wife is currently finishing her degree at Waynesburg College. Though fond of all sports, he considers himself an "addicted" bowler!

Our new V.A.S. Director belongs to the American Personnel and Guidance Association, the American Rehabilitation Counselors Association, and the National Association for Retarded Citizens.

Mr. Baird summed his feelings by stating that, "It's great to be back in this area!" However, his wife (a native of Florida), not accustomed to our June and July weather just questioned, "When does summer come to Pennsylvania?"

(Shall we tell her that some years it doesn't?)



TODAY'S CHUCKLES

Woman to friend, about husband, asleep on sofa: "It's spring fever. I think he caught it in the spring of '54."

Waiter to restaurant patrons: "Well, if you were in a hurry, you shouldn't have ordered snails."

Wife to husband: "You know the new bumper that withstands a five-mile-per-hour impact? Well, the garage door doesn't."

RECOGNITION CEREMONY

by John Weixel

A ceremony honoring employees who had completed five or ten years service at Western State School and Hospital was held in the Superintendent's quarters on May 9, 1974. The Reverend Joseph H. Rodgers, President of the Board of Trustees, and Robert J. Hiltner, Superintendent, offered congratulations to these employees and presented certificates of meritorious service. After the ceremony refreshments were served.

TEN YEARS SERVICE

(Employees who started in 1963)

Amon, Susan C. - (O.T.)
Baron, Dorothy M. - (Med.)
Bartkovich, Veronica F. - (Nur.)
Beatty, Marion B. - (Swbd.)
Cadez, Eva M. - (Nur.)
Calvey, Marie L. - (Diet.)
Capitani, Margaret L. - (O.T.)
Cava, Kathryn M. - (Nur.)
Chopak, Virginia R. - (Diet.)
Conklin, Willis G. - (Maint.)
Cook, Mary M. - (O.T.)
Cowden, Martha J. - (Nur.)
Dalverny, Huberta A. - (Hskp.)
DeFife, Florence P. - (Sewing Rm.)
Dungee, Pauline - (Nur.)
Everett, Katharine M. - (Nur.)
Folkens, Ethel N. - (Diet.)
Gessler, Catherine B. - (Rec.)
Gibbs, Jean B. - (Nur.)
Gifford, Alma C. - (O.T.)
Goodman, Mary E. - (Nur.)
Gouirand, George F. - (Maint.)
Hafenbrack, Mary L. - (Nur.)
Hamilton, Geneva F. - (Nur.)
Hammond, Georgianna J. - (Laund.)
Hanley, Margaret E. - (Swbd.)
Hilderbrand, Florence M. - (Nur.)

Johnson, Madeline D. - (Psy.)
Jones, Rosell - (Nur.)
King, Elizabeth M. - (Nur.)
Mazza, John - (Maint.)
Mohler, Gwen T. - (Nur.)
Morris, Eugene C. - (VAS)
Mulholland, Margaret C. - (Hskp.)
Patterson, Beatrice - (Nur.)
Pihou, Tony N. - (Nur.)
Polosky, Edward J. - (Maint.)
Porcaro, Rosemond T. - (Nur.)
Premro, Helen - (Nur.)
Putrn, Martin K. - (Hskp.)
Quarando, Sara E. - (Nur.)
Radinsky, Jennie - (Laund.)
Roman, Elizabeth L. - (Nur.)
Rubis, Fida - (Nur.)
Schmidt, Helen P. - (Hskp.)
Scruppi, Mary A. - (Hskp.)
Sharp, Elizabeth J. - (Nur.)
Shelton, Marie P. - (Pharm.)
Smith, Martha E. - (Nur.)
Smith, Zeata M. - (Laund.)
Steadman, Ann B. - (Nur.)
Tartt, Olla - (Nur.)
Thomas, Theola R. - (Acct.)
Wasuchno, John A. - (Nur.)
Weigand, Gladys M. - (Diet.)
Weir, Betty Bradley - (Med.)
Weir, W. Paul - (Lab.)
Wessel, Thora L. - (Nur.)
Young, Joseph M. - (Maint.)
Zubenko, Charlotte D. - (Nur.)

FIVE YEARS SERVICE

(Employees who started in 1968)

Alderson, Katherine M. - (Nur.)
Anderson, Walter P. - (Maint.)
Barnum, Sally H. - (VAS)
Batch, Betty C. - (Diet.)
Bender, Arthur L. - (Maint.)
Bianchi, Dorothy M. - (Nur.)
Bonfanti, Barbara E. - (SPA)
Bonfanti, Richard T. - (SPA)
Bryant Sr., Stephen A. - (Nur.)
Burkhart, John Nick - (Educ.)
Casarcia, Rose M. - (Nur.)
Casper, Stephen - (Maint.)

Chappo, Elizabeth H. - (Educ.)
Cheverine, Dolores A. - (Swbd.)
Cheverine, Edgar - (Maint.)
Chiera, George C. - (Rec.)
Clark, Goldie M. - (Hskp.)
Cowden, Lois K. - (P.T.)
Coleman, Carolyn G. - (P.T.)
Cushey, Herman E. - (VAS)
Dalbo Jr., John - (Maint.)
Davidson, Berenice C. - (Soc. Serv.)
Dziak, Fred C. - (Maint.)
Eckels, Walter B. - (Maint.)
Ferguson, David W. - (Educ.)
Finney, Bessie M. - (Vol.)
Foglia, Shirley M. - (Soc. Serv.)
Fullum, Susie E. - (Diet.)
Gamble, Martha B. - (Pur.)
Gaydos, Richard A. - (Soc. Serv.)
Gifford, Charles A. - (Chap.)
Goleski, Kathryn P. - (Diet.)
Gray, Barbara J. - (Nur.)
Greco, Joseph A. - (VAS)
Guriel, John F. - (Maint.)
Hall, Grace F. - (Nur.)
Hampson, August F. - (Maint.)
Harris, Virginia A. - (Nur.)
Helicke, Joseph S. - (Maint.)
Irey, Clem D. - (Maint.)
Janis, Florence L. - (Nur.)
Johnston, Frances M. - (Pur.)
Jones, John L. - (Maint.)
Kaskie, Helen S. - (Nur.)
Kobosky Jr., Walter - (Maint.)
Leppla, Mildred F. - (Pharm.)
McClelland, John L. - (Store Rm.)
McConnell, David L. - (Nur.)
McConnell, Elaine M. - (Nur.)
McMillen, Gary L. - (Nur.)
McPeake, Pauline P. - (Nur.)
McWilliams, George H. - (Maint.)
Mack, Charles L. - (Sec.)
Malinsky, Gloria R. - (Nur.)
Matyuf, Rose M. - (VAS)
Miller, Arlene A. - (Nur. Ed.)

Continued on following page

RECOGNITION CEREMONY

Continued

Miller, Robert R. - (Nur.)
Moore, Gioria J. - (Nur.)
Moore, Sara R. - (Soc. Serv.)
Musante, Roberta - (Nur.)
O'Hare, Elizabeth A. - (Nur.)
Patterson, Dorothy E. - (Nur.)
Peyton, Florence R. - (Soc. Serv.)
Phillips, Claudia J. - (Educ.)
Pindar, Robert B. - (Rec.)
Price, Veronica L. - (Nur.)
Provance, Claude L. - (Maint.)
Russell, W. Glenn - (Maint.)
Russell, Ruth - (Acct.)
Roupe, Ross C. - (Maint.)
Ruhl, John C. - (Maint.)
Ruschel, Harry R. - (Maint.)
Russell, Paul C. - (Maint.)
Ryburn, Leanna L. - (Diet.)
Sample, Donald K. - (Sec.)
Schilinski, Elsie J. - (O.T.)
Schmitt, Joseph P. - (Maint.)
Shuba, John - (Sec.)
Sims, Janice S. - (Nur.)
Stewart, Frank W. - (Maint.)
Stone, Roy L. - (Store Rm.)
Swayne, Josiah C. - (VAS)
Syfrett, Shirley J. - (Nur.)
Terry, Gwendolyn L. - (Nur.)
Whitfield, Hazel A. - (Nur.)
Wilkes, Claudia S. - (Soc. Serv.)
Wilson, Kenneth G. - (Rec.)
Zepko, Theresa - (Nur.)

CENTRAL AIR CONDITIONING AT W.S.S.H.

*by Morgan Lutton
Institutional Maintenance
Supervisor III*

A major project is underway at Western State School and Hospital to install central air conditioning in Cedar, Pine, Spruce and the Clinic Building. This project has

high priority and is receiving maximum concentration.

Steel City Refrigeration Company of Pittsburgh was awarded the contract to furnish the air conditioning units and to install cooling coils in the forced air ducts. Some delays were encountered since the heat in these buildings had to be maintained throughout the winter making it impossible to work on the air ducts.

Late last fall excavations were made, concrete pads were installed and air conditioning chiller units were put in place. During the winter months maintenance personnel have been busy working on this project progressing as fast as shipments of material would allow. When we were delayed due to all types of shortages, our maintenance men and supervisors saw us through with their know how and skill. When they were short a "T" pipe fitting they improvised by welding a collar into the pipe and the job went on. Mayview State Hospital, Torrance, and Selingsgrove have helped us when we needed material. Electrical fittings borrowed from Selingsgrove stopped a three week delay in starting Cedar Lodge air conditioning unit.

Our Purchasing Department located pipe and saved a six month delay. With the cooperation of all departments involved we now have air conditioning in Cedar and Pine Lodges.

The concern and cooperation of all employees is needed to make it possible to operate these units since our supply of electrical

power is limited. These things you can do to help: (1) keep windows and doors closed; (2) draw drapes to keep direct sun light out; (3) minimize your use of electrical power i.e., lights, coffee pots, radios, washers and dryers, etc.; (4) minimum use of elevators.

Sometimes even simple clinical treatment becomes "saddle-bagged" by comprehensive preliminaries.

Knowing that this *never* happens at WSSH, we submit (with a touch of sarcasm) the following poem reprinted from *Medical World News*.

By Barbara Bonfanti

THE AURAL ROUTE: A DOCUMENTARY

By Michael Stewart

An old man went in with a pain in his ear.

The ER physician said, "Nothin to fear. Your problem's not urgent, just speak to the nurse,"

Who referred the old man to the clerk, who was terse:

"Follow the signs to the clinic marked E,

Hand in this card, and someone will see

That your ear is examined." The old man said, "Fine."

Went off to the clinic and waited in line

Under E, which he thought stood for Ear, and that meant

He'd see an ear doctor, or ear resident.

But E stood for Everything - under-the-sun,

And the doctor who saw him (at last) wasn't one

Who handled the cases, like his, of sore ears.

Go up to the clinic that's marked ENT,

Wait in line on the left, and someone will see

That your ear is examined." The old man said "Great."

Went up to the clinic and sat down to wait.

But his case was dispatched with unusual speed

When it turned out that all ENT patients need

A medical checkup before they can be

Referred to this specialty clinic. "You see,"

Said the doctor, "it isn't high-quality care

To examine an ear and let it stop there.

It's more comprehensive, the care that we seek

To deliver. So here's your appointment next week.

To return to the medical clinic, and here

Are the forms to fill out in advance. Have no fear,

Your problem's not urgent. Just speak to the nurse,"

Who referred the old man to the clerk, who was terse.

"Old man," said the clerk, but the old man went off,

Still rubbing his ear, and he started to cough.

Later that night, with a pain in his chest,

The old man got up out of bed and got dressed,

And returned to the ER with pain in his ear

And pain in his chest.

"Now, what have we here?"

Said the ER physician.

"A touch of the flu?"

By now the old man had learned just what to do.

He spoke to the nurse, was referred to the clerk,

Went home, locked things up, packed his bags, and quit work

And moved to the hospital waiting room, where

He had primary access to ongoing care.

Reprinted from
Medical World News

PERSONNEL NEWS

by Florence Fetcko

The following persons were employed during the months of March, April and May 1974:

March:

Wilma E. Kirk - Food Service Worker I

Kenneth Butler - Aide Trainee

Debra J. Wright - Aide Trainee

Sunny D. Crumrine - Aide Trainee

Denise L. Arnott - Clerk Typist I (Western Region)

Linda J. Pearl - Food Service Worker I

Dorothy J. Brown - Aide Trainee

Leslie L. McAfee - Aide Trainee

April:

Wesley C. Cropper - Aide Trainee

Mary C. Soucy - O.T. Ther. II

Mable Bard - Cust. Worker I

Joyce R. Gregory - Psy. Nurse Intern

David Williams - Utility Plant Helper

May:

Thomas Fontanesi - Child Care Aide I

Dorothy U. Wessel - Psy. Nurse II

Theodore Pado - Aide Tr.

Robert Mellott - Chaplain II (Catholic)

Terry Bard - Aide Tr.

Marsha Posner - Aide Tr.

Separations:

March:

Jeanne Keener - Psy. Nurse Intern

Juanita Kerr - Child Care Aide II (Death)

Rebecca Schuster - L.P.N. I

April:

Paul Horowicz - Rec. & Phy. Ed. Supr. (Retired)

Eddie Bennett - Aide Tr.

Edward McNeely - Child Care Aide I

Joseph Galluze - Aide Tr.

James J. Duda - Cust. Worker I

Sunny Crumrine - Aide Tr.

Helen Loughman - Psy. Nurse I

David Roach - Aide Tr.

George Bertovich - Laund. Worker II (Retired)

Mildred Hoffmaster - L.P.N. I (Retired)

May:

Rudolf Wittman - Social Worker II

Wanda Pensis - Clerk Typist II

Ronald E. Stewart - Empl. Training Specialist I

Joseph Capezzuto - Chap. II (Catholic)

Dorothy Fulton - TAW III (VAS)

T. Allan Bietsch - TAW II (Recreation)

Nancy Capiola - Food Serv. Supr. II

Vera Gaynard - Child Care Aide I

Billie Jo McRae - Occup. Thera. II

William Bock - Child Psy. Physician II

During the months of March, April and May, 11 persons were enrolled in the State Work Program and 6 persons were separated from the Program.

'chit'n chat about this'n that'



with Dorothy Baron

Get well wishes to

- Rose Colaizzo - Dietary, Supervisor - 7th floor;
- Ruth Zilich - Nursing;
- Florence Fetcko - Personnel;
- Jillyn Patterson - Nursing;
- Elaine Kania - Nursing;
- Sally Bell - Medical.

Best wishes to Mildred Hoffmaster, LPN, on her recent retirement. Mrs. Hoffmaster has been in State service for 10½ years.

We wish all the luck in the world to Rachael Warne, Activity Aide II from our O.T. Department on her recent retirement. We will miss her smiling face and kind words.

Mrs. Jean Gibbs, (Beautician) was pleasantly surprised when son, Kurt arrived from Germany to spend some time with her. Kurt was on leave from the U.S. Army and plans a military career.

The reason for Shirley Syfrett, R.N. (Nursing) strutting around is because son, James, was one of twenty-four 9th grade students from Cecil Junior High who received NEDT certificates (National Education Development Tests). These certificates are awarded to 9th grade students who are in the 90th percentile or above of students taking the test nationally. They are given

"in recognition of superior performance innationwide administration of the NEDT tests".

Triple congratulations to Lois Rheam (O.T.). First: on the graduation of their son, Patrick, from Virginia Tech, Blacksburg, Va., second on the graduation of daughter, Judie, from West Virginia University, and third: on the marriage of daughter Judie to Stan Ostrowski, former Pitt football star.

Congratulations to Julia Uram (Pine Clothing) on the marriage of her daughter Darling Marie, to Leonard Patnesky of McDonald, Pa.

Congratulations to Palm DeFife (Sewing Room Supervisor) on the recent marriage of her son, Robert, to LuAnn Leroch, and to son, Anthony on receiving a Master of Education Degree in mathematics at the spring commencement at California State College. Anthony is a mathematics teacher at Charters-Houston High School and is a recruiting sergeant for the First Battalion, Company B, Canonsburg National Guard.

Three is the lucky number of Marge Capitani (O.T.). Daughter Margaret Louise presented hubby Robert and Grandma Marge with another granddaughter.

Congratulations to Joe (Carpenter Shop) and Theresa Sacco who recently celebrated their 35th wedding anniversary.

Our deepest sympathy is extended to the following on the deaths of loved ones:

- Mary Cook (O.T.); Gwen Terry (Nursing); Anne Sevak (Nursing); Dewayne Hancock (Nursing); Dorothy Tyl (Nursing); Josephine Cagnoni (Nursing); Tom and Sharon Duffy (Nursing); Margaret McCrory (Nursing); Joshua Swayne (V.A.S.); Rosella Pabian (Nursing); Marty Putrn (Housekeeping); August Capiola (Ground); Peggy Hanley (Switchboard); Martha Cowden, R.N. (Nursing Education).

And to the following families:

- Lochrie (Sarah) family;
- Hortsman (Rita) family;
- Grant (Cora) family;
- Torcasi (Angeline) family;
- Vallet (Catherine) family.

This column is written for the sole purpose of keeping our employees informed of events and happenings with our families. Whatever makes you happy in your family circle, won't you share it with us? We'd love to know.

Just send your news to me - - - Dorothy Baron, Medical Records Department or. call me at ext. 358.